



130

Trampoline and DMT
Competition Handbook
January to December 2020



Version History

Scottish Gymnastics reserves the rights to make amendments to this Handbook.

Notification of a change to the handbook will be communicated through the Scottish Gymnastics website and an updated version will be made available to download at the time of change. It is the club/coach's responsibility to ensure they are using the most up to date version of the handbook.

All versions will be listed on this page, with reference to amendments made;

- **Version 1.0 – Original**
- **Version 2.0 – Change of logo and days of DMT levels**

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Introduction

This handbook contains details of the forthcoming competitions and the entry procedures, rules and regulations relating to the competition programme.

FIG & BG regulations will apply at all Scottish competitions unless stated otherwise.

This handbook must be read in conjunction with the British Gymnastics Trampoline & Double-Mini-Trampoline Competition Handbook (available from the British Gymnastics website).

Abbreviations - In this handbook the following abbreviations have been used:

FIG	International Gymnastics Federation	SG	Scottish Gymnastics	NDP	National Development Programme
BG	British Gymnastics	TTP	Trampoline & Tumble Technical Panel	TRA	Trampoline Gymnastics
DMT	Double Mini Trampoline				



Domestic & national competition calendar 2020

Key
Scottish event
British event
Representative competition
Club entry - non-SG

Event	Date	Venue	Levels*	Closing date
NDP Regional Series 1	1 - 2 Feb	Michael Woods, Glenrothes	Sat: TRA: NDP 1-3 & NDP 4 U13 & DIS 2-3 DMT: 3-5 & FIG Dev Sun: TRA: NDP 4 O13 & NDP 5-6 DMT: NDP 1-2 & DIS 1-2 & DIS Open	7 Jan (noon)
NDP Regional Series 2 & Spring Event Prep*	22 - 23 Feb	Bells Sports Centre, Perth	Sat: TRA: NDP 1-4 & DIS 2-3 DMT: 3-5, FIG Dev & FIG Sun: TRA: NDP 5-6 & FIG, DIS Performance DMT: NDP 1-2 & DIS 1-2 & DIS Open	4 Feb (noon)
NDP Regional Team Qualifier	14 - 15 March	Bells Sports Centre, Perth	Sat: TRA: NDP 1-3 & NDP 4 U13 & DIS 2-3 DMT: NDP 2 U13, 3-5 & FIG Dev Sun: TRA: NDP 4 O13 & NDP 5-6 DMT: NDP 1, 2 O13 & DIS 1-2 & DIS Open	25 Feb (noon)
Spring Event Series 1	21 - 22 March	International Centre, Telford	FIG	7 Feb (noon)
Regional Team Finals Training	18 April	Bells Sports Centre, Perth	RTF gymnasts only	
Spring Event Series 2	16 - 17 May	International Centre, Telford	FIG	3 April (noon)
Regional Team Finals Training	31 May	Bells Sports Centre, Perth	RTF gymnasts only	
NDP Individual & Regional Team Finals	6 - 7 June	Barclaycard Arena, Birmingham	TRA: TRA: NDP 1-6 & DIS 2-3 DMT: NDP 1-5 & FIG Dev	24 April (noon)
Scottish Championships Qualifier*	29 - 30 August	Bells Sports Centre, Perth	Sat: TRA: NDP 1-4 & DIS 2-3 DMT: 3-5, FIG Dev & FIG Sun: TRA: NDP 5-6 & FIG DMT: NDP 1-2 & DIS 1-2 & DIS Open	14 July (noon)
British Championships	4 - 5 July	Barclaycard Arena, Birmingham	FIG	22 May (noon)
Scottish Championships	26 - 27 Sep	Bells Sports Centre, Perth	TRA: NDP 1-6, FIG & DIS 1-3 & DIS Performance DMT: NDP 1- 5, FIG Dev, FIG & DIS 1-2 & DIS Open	Friday 4 Sep (noon)
British Club teams & British Synchro Championships	17 - 18 October	International Centre, Telford	TRA: Youth, Junior, Senior DMT: Youth, Junior, Senior TRS: Youth, Junior, Senior	4 Sep (noon)

* Competition Organiser has the right to amend the days levels are competed on and will be entry number dependent.

***TRA FIG Gymnasts must have Approval prior to competing in that level.**

Eligibility

Membership

All persons attending Scottish Gymnastics events in an official capacity, whether as a gymnast, coach or judge, are required to hold current Scottish Gymnastics/British Gymnastics membership in line with the level of competition entered and awards held.

Coaches, judges and gymnasts should carry current membership cards to all competitions and be prepared for these to be checked by the organiser or their appointed officials.

Judges

From time to time Scottish Gymnastics may invite international judges to officiate at Scottish Gymnastics events, as such they will not require Scottish Gymnastics membership however will require national governing body equivalent. Judges must also hold the current cycle of judging award.

Scottish Gymnastics does not require judges to hold a PVG to judge at Scottish Gymnastics competitions, as the role that judges fulfil at the event does not meet criteria for accessing a PVG. However, some judges are actively involved in club gymnastics and may provide judging instruction to children in a training environment or carry out a supervisory role (or may complete a PVG by virtue of another role they undertake e.g. coach). As not all judges use their qualification in the same way, it is the club's responsibility to assess the role a judge is undertaking and determine whether the activities involved fall within the eligibility criteria for a PVG. It is recommended that judges attend safeguarding training.

Coaches

Coaches must be qualified to the level of the participant's performance and be a minimum of a level two before being allowed to participate in a Scottish Gymnastics event.

Coaches must have a current valid safeguarding certificate and PVG. Please see safeguarding section.

The practice of supervising participants working above the level of the coach's qualification is not allowed. The caveat that permits coaches to practice one level above their coaching qualification (appropriately supervised) in the coaching syllabus refers to a training environment only and is not permitted at Scottish Gymnastics events. Its purpose is to enable coaches to practice within the post course guided learning environment following attendance at a course and in preparation for the examination, under the supervision of a Scottish Gymnastics mentor coach.

Coaches entered into the event entry MUST be the same ones attending the event. All coaches who may be in attendance to an event should be entered through GymNET at time of entry however it is unacceptable to enter a coach who you know will not be attending. Coaches have a duty of care towards their performers and have a responsibility to ensure that they are both qualified and competent to teach at the appropriate level, as well as ensuring that the participant is adequately prepared, physically and psychologically, for performing their routines in a competition situation. If it is found that a club is in breach of these policies Scottish Gymnastics reserves the right to reject an entry on the grounds of gymnast safety or, if discovered post performance, to disqualify the competitor and remove their score(s) from the official results.

Assisting coaches

Additional assisting coaches (level one and above) may be accredited and must be included in the online entry on GymNET, to be present in the competition arena to assist with the pastoral care of the gymnasts. Assisting coaches must have a current valid safeguarding certificate and PVG. Please see safeguarding section. If it is found that a club is in breach of these policies Scottish Gymnastics reserves the right to reject an entry on the grounds of gymnast safety or, if discovered post performance, to disqualify the competitor and remove their score(s) from the official results.

Safeguarding

All coaches are required to hold a current PVG certificate through Scottish Gymnastics, or home nation equivalent, and have current Scottish Gymnastics safeguarding training at the time of entry and through to the end of the event, in order to be allowed to officiate at a Scottish Gymnastics event.

Any coaches who do not fulfil this requirement will not be accredited or allowed to participate at Scottish Gymnastics events.

All gymnasts must have an accredited coach present on the competition floor at all times. If a gymnast attends a competition without a coach, they will not be allowed to compete.

Nationality

Participation in all Scottish Gymnastics events is subject to the requirements of membership, club/regional registration and any other conditions of entry.

For more information regarding Scottish eligibility please follow the link [here](#)

It is the responsibility of the person making the competition entry to ensure all gymnasts meet the eligibility criteria for the competition.

Competition entries

Entry process

Entry to all Scottish Gymnastics events are online only. Complete instructions for adding an entry via the GymNET online entry portal are available to download from the [BG website](#).

All entries must be fully submitted electronically to Scottish Gymnastics by the stipulated closing date and time.

Prior to the event, an entry may only be amended by the person making the original entry.

Disability gymnastics

Disability gymnastics is designed to provide competition and development for people who have a disability and choose not to participate in mainstream.

As part of the development of disability gymnastics, British Gymnastics has produced its own sport specific disability gymnastics classification certificate. The classification certificate is contained in a pack which also clearly defines the eligible impairments for disability gymnastics competition.

All clubs and coaches must inform the Scottish Gymnastics events team of any gymnasts which have medical conditions that require special consideration at Scottish Gymnastics events. This information should be shared with the Scottish Gymnastics events team at the point of competition entry and will enable the Scottish Gymnastics events team to make the necessary adjustments, where possible, to cater for the additional needs of each gymnast.

Gymnasts will be required to provide proof of disability at least six weeks before the event. Please complete and return the disability gymnastics classification certificate by following the instructions in the [Disability Classification Pack](#) and sending to the Scottish Gymnastics events team.

Although there are 44 different eligible classifications (profile groups) in the classification pack, this does not mean that there are 44 different competition categories for disability gymnastics competition.

The disability competition classification categories available can be found within the information pages for each competition which has integrated disability.

Methods of payment

Payment must be made at the time of entry via GymNET using debit or credit card.

Entry fees are non-refundable after the closing date.

Late entries

Late entries will only be considered in exceptional circumstances.

In the unlikely event of a late entry being accepted, the following penalty structure will be imposed:

- Late entries received up to 48 hours after the closing date, if accepted, are charged at double entry fee
- Late entries received after 48 hours after the closing date, if accepted, are charged at triple entry fee.

Late entry payments will be capped at £1,000 (i.e. the additional payment over and above the normal entry fee per gymnast / partnership / group / team).

Late entries must be made in writing to the Scottish Gymnastics events department and will then be referred to the organiser for consideration. The organiser and Scottish Gymnastics events department will have absolute discretion whether or not to accept a late entry.

Late entry requests may be placed on a reserve list and clubs will be notified if their entry is accepted up to 1 week prior to the event.

Withdrawals and substitutions

Amendments to an entry before the closing date will not incur a penalty and in the case of withdrawals, the entry fee will be refunded. Entry fees are non-refundable after the closing date.

Where it is necessary to substitute a coach, the club must inform the Scottish Gymnastics events department, so the coach can be checked for membership, awards, safeguarding and PVG, before they can be accredited for the event.

Where, through unforeseen circumstances, this is not possible or, where information has not previously been supplied, the substitute must inform the organiser immediately on arrival at the venue and produce their coaching and safeguarding award certificate, current Scottish Gymnastics/British Gymnastics membership card and a current Scottish Gymnastics specific PVG certificate. Alternatively, they can login into the individuals GymNET to show details of the above, photo identification will also be required.

General regulations

Coaches' must make adequate provision for the "supervision" of their gymnasts upon arrival at the venue. Gymnasts will not be allowed to register or begin warm up without their coach present.

Registration

You must only register your gymnast(s)/club when those competing in that section of the event have arrived at the event and intend to compete. Any withdrawals must be made at registration as soon as possible.

During registration, accreditation/passes may be issued. Abuse of accreditation/passes may result in 'Conduct in Sport' action being taken by Scottish Gymnastics.

Order of performance

The order of competing for individual events and team events shall be decided according to the competition arrangements made by the organiser, or such officials authorised by the technical panel. For the purpose of maintaining the smooth and timely running of the event, or where the safety, security and good performance of the gymnasts is a concern, the technical panel reserve the right to alter the grouping of gymnasts and/or running order of performances as may be deemed necessary by the organiser or authorised officials, up to the start of warm up. Once underway the order of performance will only be changed, at the discretion of the competition organiser, in extenuating circumstances when a gymnast may be temporarily unable to compete.

For competitions where there is an official podium training, no changes will be made to the running order without the consultation of the coach and gymnast(s) affected.

Wherever practical the organiser shall produce and circulate a provisional start list and running order for an event to all participating clubs at least 2 weeks before the event.

Music

All music for competition routines must be uploaded onto the GymNET portal at the latest one week before the competition date (see GymNET event page for specific time and date).

Instructions for submitting music electronically may be found within the [Online Entry Guide](#).

Late music submission

Late submission of music will attract a fee of £20.00 per gymnast/partnership/group/team. Music not uploaded by the deadline cannot be guaranteed to be uploaded on the day.

Music licensing

All music used in competition routines must conform to the relevant licensing requirements. Certain tracks belonging to Disney, Andrew Lloyd Webber and Cirque du Soleil may be used, but this should be checked on the PPL website to confirm the track is included within their repertoire.

To check tracks, go to <http://www.ppluk.com/> scroll to the bottom of the page and click on 'PPL Repertoire Search' enter the artists name and title. Any music listed as part of the search can be used.

If the track is not included within the listed tracks the club must apply directly to Disney, Andrew Lloyd Webber or Cirque du Soleil to use the track and pay the relevant licensing fees.

Access to warm-up area

Access to the warm up hall/area will be limited to the appropriate number of coaches as defined. On arrival, coaches will need to register and collect accreditation from the registration area. In the case of an event spanning more than one day, separate accreditation may be issued for each day.

Judges will not be allowed into this area once the judges meeting has taken place unless directed by the judging coordinator.

Food and drink

There may be restrictions within the competition areas with regards to food and drink. This is to manage food intolerances and allergies.

Babies and young children

In the interests of safety, for the smooth running and professional presentation of the events, babies and young children are not permitted to enter the warm up hall/area or field of play, even if they are being supervised by an adult.

Medical provision

Anyone requiring first aid assistance should speak to either the competition organiser or Scottish Gymnastics medical team. It is recommended that all coaches have a first aid kit with them for minor injuries.

At all Scottish Gymnastics events an official medical team will be appointed and will be available to treat gymnasts who sustain an injury at the event. The medical team are not able to treat pre-existing or chronic injuries.

Any injury occurring during the official training or competition must be reported to the medical team, to ensure a record can be kept of treatment given and by whom. The coach responsible must also complete the online accident report form on the Scottish Gymnastics website.

The decision of the organiser based upon the recommendation of the Scottish Gymnastics appointed medical officer as to the gymnast's health and medical status and their ability to compete at the event is absolute and final.

Medal ceremonies

Except in exceptional circumstances, gymnasts who win a medal at a Scottish Gymnastics event are expected to remain in the venue until the completion of the competition and participate in the medal presentation ceremony in order to collect their award in person.

Tenure of trophies

All perpetual trophies remain the property of Scottish Gymnastics.

Perpetual trophies are the responsibility of the winning club or individual. The winners are responsible for the inscription of, as well as safekeeping and maintenance of, the trophy and for returning it to the organiser prior to the competition the following year. Failure to do this or loss of a trophy will incur a cost to the individual / club.

Video, film & photography

In accordance with current Scottish Gymnastics policy, flash photography is not permitted during the warm up or competition phases of any Scottish Gymnastics event. Scottish Gymnastics accredited photographers may be present at Scottish Gymnastics events and in some cases, events may be videoed. These images/footage may be used by Scottish Gymnastics and our partners for the purposes of promotion, education and development of

the sport. They may also be shared with relevant third part organisations for journalistic/promotional purposes.

Clubs must ensure that gymnasts/parents are informed of the photography arrangements for the relevant event. Any gymnast or parent who does not wish themselves or their child to be photographed/filmed at the event must advise the Scottish Gymnastics events department.

The Scottish Gymnastics photography guidelines are available on the Scottish Gymnastics website.

Privacy

Scottish Gymnastics privacy notice [HERE](#)

At many events Scottish Gymnastics may produce event merchandise e.g. t-shirts and programmers. These may include the names and or the club of the gymnasts taking part.

Health and safety

The safety of all participants (gymnasts, coaches and officials) is the primary consideration. All Scottish Gymnastics policies will be rigorously applied with regards to health, safety and welfare and child protection. Coaches are reminded of their responsibility in relation to their gymnasts - in the competition environment this will specifically include ensuring the gymnasts are adequately prepared (physically and psychologically) for performing their routines in a competition situation. Anyone requiring first aid assistance should speak to either a member of the events team or the competition organiser.

Overnight Stay

For trips out with Scotland or overnight stays the travel permit must be completed in full and sent to Scottish Gymnastics at least 4 weeks prior to travel. Please note Scottish Gymnastics membership insurance does not cover travel or emergency expenses out with Scotland. We therefore recommend where necessary you take out additional travel insurance.

Drug Free Sport

Test may affect any gymnast performing with Scottish Gymnastics events.

Terms & conditions of entry to all competitions

In addition to Scottish Gymnastics General Rules & Regulations -

- All entrants agree to be treated by Scottish Gymnastics appointed medical staff only and be bound by the decision of Scottish Gymnastics medical staff in relation to their ability to compete in the competition.
- You agree to the storing of competition scores. Scottish Gymnastics will redact your details from the published results unless there is a justifiable reason to reject an objection to publication.
- Scottish Gymnastics reserves the right to refuse any entry and disqualify a competitor or team at any time if they do not comply with Scottish Gymnastics regulations.
- You agree to abide by the Scottish Gymnastics photography policy.
- The person making the online entry on behalf of gymnast(s)/a club undertakes to ensure that those who they are making an entry on behalf of are fully aware of and agree to abide by the contents of this handbook.

Code of conducts & competition attire

Gymnast code of conduct

- Clothing indicating national team representation should not be worn by gymnasts or coaches at domestic competition with the exception of representative flags sewn onto acrobatic leotards. Gymnasts must not remove leotards within the competition area. Any gymnasts found breaking this rule will receive a deduction for an attire violation in accordance as per FIG code of points.
- All competitors are expected to enter the arena 'smartly dressed'. Gymnasts should wear either a club tracksuit or leotard. Non-uniformed t-shirts and outdoor shoes are not accepted for march-on.
- Gymnasts should ensure that long hair is tied back.
- No jewellery, body piercing or adornments of any kind are permitted in training or competition (home or abroad).
- Gymnasts will not be allowed to compete at any Scottish gymnastics event with jewellery on.
- Gymnasts are expected to maintain high standards of behaviour at all times, showing respect for their fellow competitors, competition officials and coaches.

Gymnast attire

Regulations of dress are contained in the F.I.G Code of Points and must be adhered to.

Exceptions to the above may be applicable in special circumstances which are outlined within the Scottish Gymnastics Body Piercing & Adornments Policy which can be found [HERE](#)

Coach code of conduct

- Coaches are expected to maintain a high standard of dress. Standard dress would include trainers, full-length tracksuit bottoms or full-length leggings, t-shirt or polo shirt and tracksuit top / fleece identifiable with their own club logo.
- Appropriate footwear should be worn. Sliders and boots are not considered appropriate.
- Coaches should ensure that long hair is tied back and must ensure that all jewellery is removed, exceptions can be found [HERE](#).
- Coaches are not permitted to use mobile phones or any other electronic communication devices including tablets, to make calls, take photographs/video footage or be used for any other forms of communication in the main arena during a competition.
- Coaches must ensure that their language and behaviour at all times is appropriate, reflecting highly on their club, themselves and the sport.
- Coaches are not permitted to eat or chew whilst in the competition arena/warm up area.
- Coaches are expected to show respect for their fellow coaches and competition officials at all times.

Judge code of conduct

- Judges are expected to march into the competition arena prior to the march in of the competing gymnasts, unless notified otherwise.
- Judges should keep their tables and area clean and only have on the table items required for judging.

- Judges are not allowed to access mobile phones, tablets or other items on the competition floor
- Judges are required to stay at the venue until released by the competition organiser in case they are required to assist with the checking of scores.

Judge attire

Regulations of dress are contained in the F.I.G Code of Points and must be adhered to.

Spectator code of conduct

Clubs should take responsibility for the behaviour of their members and supporters, spectators must:

- Switch mobile phones to silent during the competition.
- Remain supportive throughout the competition and must not interfere with other spectators' enjoyment or disturb any of the gymnasts.
- Refrain from moving about the seating area whilst gymnasts are competing.
- Remain in the spectator seating area and not enter controlled areas including competition field of play and the control desk.
- Treat the competition venues with respect, particularly in respect of food and drink rules.
- Respect all competitors, coaches and competition officials. The competition organiser reserves the right to remove any spectators in breach of this code of conduct.

Trampoline and DMT technical information

Gymnast membership requirements

Gymnasts competing NDP grade 1 or above require Scottish Gymnastics/British Gymnastics silver competitive gymnast membership or above.

Age policy

Gymnasts' ages for the purpose of entry to all age depended competitions will be taken at the age reached in the year of competition.

Trampoline Level	Age groups (age in year of competition)
NDP 1	7-8yrs*, 9-10yrs, 11-12yrs, 13-17yrs, 18+yrs*
NDP 2	7-8yrs*, 9-10yrs, 11-12yrs, 13-17yrs, 18+yrs*
NDP 3	7-8yrs*, 9-10yrs, 11-12yrs, 13-17yrs, 18+yrs*
NDP 4	7-8yrs*, 9-10yrs, 11-12yrs, 13-17yrs, 18+yrs*
NDP 5	7-8yrs*, 9-10yrs, 11-12yrs, 13-14yrs, 15-21yrs, 22+yrs*
NDP 6	11-12yrs, 13-14yrs, 15-21yrs, 22+yrs*
FIG*	9-10yrs, 11-12yrs, 13-14yrs, 15-16yrs, 17-21yrs, Senior
Disabilities	Under 15 and over 15, in Categories 1 and 2 will be offered in: NDP 2, NDP 3 and DIS Performance
<p>N.B No club levels will be offered as part of our competition structure. *TRA FIG Gymnasts must have Approval prior to competing in that level.</p>	
DMT Level	Age groups (age in year of competition)
NDP 1	7-8yrs*, 9-10yrs, 11-12yrs, 13+yrs
NDP 2	7-8yrs*, 9-10yrs, 11-12yrs, 13+yrs
NDP 3	7-8yrs*, 9-10yrs, 11-12yrs, 13+yrs
NDP 4	7-8yrs*, 9-10yrs, 11-12yrs, 13+yrs
NDP 5	13-14yrs, 15-16yrs, 17+yrs
FIG Development	11-12yrs, 13-14yrs, 15+yrs
FIG	9-10yrs, 11-12yrs, 13-14yrs, 15-16yrs, 17-21yrs, Senior
Disabilities	Under 13 and over 13, in Categories 1 and 2 will be offered in: Level 1, Level 2 and Level Open
<p>*Gymnasts in these age categories are not eligible to qualify for NDP Individual & Regional Team Finals.</p>	
<p>All age categories are eligible for Scottish National Championships. All levels (TRA and DMT) will have separate classes for male and female performers. Gymnasts' age category is determined by their age reached in the year of the competition.</p>	

Trampoline routine requirements

	Jan-Mar British Gymnastics events	August Scottish Gymnastics event	Scottish Championships
NDP 1 – 4	As per British Gymnastics Handbook	As per British Gymnastics Handbook	As per British Gymnastics Handbook
NDP 5 – 6	As per British Gymnastics Handbook	<u>7-8 & 9-10yrs:</u> 1 x A routine & 1 x B routine <u>All other age groups have a choice of:</u> 1 x A routine & 1 x B routine <u>or</u> 1 x B routine & 1 x voluntary routine* – No DD awarded	<u>7-8 & 9-10yrs:</u> 1 x A routine & 1 x B routine <u>All other age groups:</u> 1 x Compulsory B routine 1 x Voluntary routine* – DD awarded
FIG*	As per British Gymnastics Handbook	As per British Gymnastics Handbook	1 x WAG/FIG A routine 1 x Voluntary routine
Disabilities NDP 2 – 3	As per British Gymnastics Handbook	As per British Gymnastics Handbook	As per British Gymnastics Handbook
Disabilities Performance	As per British Gymnastics Handbook	As per British Gymnastics Handbook	1 x Compulsory routine 1 x Voluntary routine

TRA NDP 5 & 6 Levels

*NDP 5 voluntary routine:

- consist of 10 different elements
- include 6 elements of no less than 270 degrees somersault rotation
- max of 1 body landing (more than 1 body landing will be classed an interruption to the routine)
- failure to meet any of these requirements will result in zero score for that routine (August Only)
- max difficulty will be capped at 1.0 per element for 11-12yrs, 1.1 per element for 13-14yrs, 1.3 per element for 15-21yrs and 22+yrs

*NDP 6 voluntary routine:

- consist of 10 different elements
- include 8 elements of no less than 270 degrees somersault rotation
- max of 1 body landing (more than 1 body landing will be classed an interruption to the routine)
- failure to meet any of these requirements will result in zero score for that routine (August Only)
- max difficulty will be capped at 1.1 per element for 11-12yrs, 1.3 per element for 13-14yrs, 1.5 per element for 15-21yrs and 22+yrs

***TRA FIG Gymnasts must have Approval prior to competing in that level.**

DMT pass requirements

	Jan-Mar British Gymnastics events	August Scottish Gymnastics event	Scottish Championships
NDP 1 – 5	Compulsory passes, as per British Gymnastics Handbook	Compulsory passes, as per British Gymnastics Handbook	Compulsory passes, as per British Gymnastics Handbook
FIG Development	2 Compulsory passes and 2 Optional passes, as per British Gymnastics Handbook	2 Compulsory passes and 2 Optional passes, as per British Gymnastics Handbook	A per British Gymnastics Handbook - NDP Individual & Regional Team Finals
FIG	As per British Gymnastics Handbook	As per British Gymnastics Handbook	As per British Gymnastics finals
Disabilities Level 1 – 2 & Open	As per British Gymnastics Handbook	As per British Gymnastics Handbook	As per British Gymnastics Handbook

Competition levels

Gymnasts may change competition levels between the January and February events, and between the March and August events. If a gymnast achieves the qualification score at more than one level, he/she may enter the Scottish National Championships at either level.

Range & conditioning

The Range & Conditioning as part of the Regional Team Final qualification can be completed at either of the following events:

- NDP Regional Series 2 & Spring Event Prep (22-23 February)
- NDP Regional Team Qualifier (14-15 March)

There will be no range & conditioning element to the August events.

Tiebreak rule

All trampoline and DMT competitions will use the FIG tiebreak rule. In case of a tie in points at any place in the Qualification Round, the ranking will follow the criteria below. If there is still a tie the tie will not be broken.

Individual Trampoline

1. The gymnast with the higher sum of the E-score of both routines prevails.
2. The gymnast with the higher sum of the H-score of both routines prevails.
3. The gymnast with the higher sum of the T-score of both routines prevails.

Double Mini-Trampoline

1. The gymnast with the higher sum of the E-score of the final two passes of the qualifying round prevails.
2. The gymnast with the higher sum of the E-score of the final pass of the qualifying round prevails.

Scottish Nationals in all disciplines

In case of a tie at any place the tie will not be broken.

Competition apparatus

Trampoline equipment unless otherwise stated will be Eurotramp 4x4 or Eurotramp Ultimate.

DMT equipment will vary dependent on host venue.

Nomination of judges/officials

Failure to supply the required number of judges will result in a £50 non-judge penalty fee being applied to the event entry per missing judge/official. Clubs MUST ensure they have the agreement of the judge/official in question to officiate at the competition entered PRIOR to submitting their entry. Failure to do so may result in a further £30 administration fee being levied.

Clubs having problems organising their officials should contact the judging coordinator at least two weeks before the competition closing date to discuss possible solutions.

Suitable officials

- With entries of 3 competitors and above, you will be required to provide a judge (club grade or above).
- Unqualified officials (2nd official) i.e. marshals, spotter co-ordinators, computer and manual recorders, must be suitably experienced. The judging coordinator has a right to refuse an unqualified/inexperienced official and ask the team manager of the club concerned to replace that official.
- In DMT, execution judges should preferably be either a DMT judge or a county grade trampoline judge (or above) club grade trampoline judges will be accepted until the end of 2020. Difficulty judges must be either a DMT judge or a county grade trampoline judge or above and must have experience tariffing DMT passes.
- At the discretion of the judging convenor, extra judges wishing to gain experience are welcome to sit on or by the panel and 'shadow' judges. Please contact the judging coordinator in advance to arrange this. Unqualified officials wishing to gain experience in other areas may also be allowed to do so.
- Clubs are required to provide the correct number of officials for the whole day. If your club wishes to split a job between two officials, this is acceptable providing the judging coordinator is informed of this at the time of entry.

The number of officials that clubs are required to provide for competitions is listed below:

Number of entries	Number of officials to be nominated
1-2 entries	None (but officials will be gratefully accepted)
3-5 entries	One judge (club grade or above)
6-9 entries	Two judges at club grade or above
10-14 entries	Three officials (two of which must be judges at club grade or above)
15-19 entries	Four officials (three of which must be judges at club grade or above)
20-24 entries	Five officials (three of which must be judges at club grade or above)
25-29 entries	Six officials (four of which must be judges at club grade or above)
30-34 entries	Seven officials (four of which must be judges at club grade or above)
35-39 entries	Eight officials (five of which must be judges at club grade or above)
40 entries or over	Requirements continue at the same ratio as outlined above with at least half of the officials being suitably qualified judges.

NUMBER OF ENTRIES IS CLASSED AS THE COMBINED TOTAL OF TRA AND DMT ENTRIES.

IF ENTERING GYMNASTS ON BOTH DAYS FOR TWO-DAY EVENTS - JUDGES MUST BE SUPPLIED FOR BOTH DAYS OTHERWISE WE WILL IMPOSE A £50 PENALTY FEE.

For example if entering 20 gymnasts (14 on the Saturday and 6 on the Sunday) you would need 5 officials (3 for Saturday and 2 for Sunday).

Reserve officials

Reserve officials are expected to be at the competition, in the appropriate uniform, and report for duty at 9am (or other time stated on the competition programme) with all other officials.

If reserves are not required as all officials have turned up, and the reserve specifically wishes to judge or help, the TTP competition officer may make arrangements to accommodate them. Reserve officials are also welcome to 'shadow' judges.

New clubs nominating officials

New clubs do not have to provide qualified judges for the first calendar year in which they compete (e.g. April to April, not just one season). New clubs should, however, try to provide unqualified officials and if submitting three or more gymnasts must provide at least one.

Date	Event	Closing date
1/2 Feb	NDP Regional Series 1	7 Jan (noon)
Venue	Michael Woods Sports Centre, Viewfield, Glenrothes	
Information/Outcome	Qualification to Regional Team Qualifier competition and Qualification for Scottish Championships	
Levels	TRA: NDP 1 to NDP 6 & DIS 2 to DIS 3 DMT: NDP 1 to NDP 6 & FIG Development DIS 1 to DIS 2 & DIS Open	
Entry fee	£20 per gymnast (£15 for each additional discipline)	

Date	Event	Closing date
22/23 Feb	NDP Regional Series 2 & Spring Event Prep	4 Feb (noon)
Venue	Bell's Sports Centre, Perth	
Information/Outcome	Qualification to Regional Team Qualifier competition and Qualification for Scottish Championships	
Levels	TRA: NDP 1 to NDP 6 & FIG & DIS 2 to DIS 3 & DIS Performance DMT: NDP 1 to NDP 6 & FIG Development & FIG & DIS 1 to DIS 2 & DIS Open	
Entry fee	£20 per gymnast (£15 for each additional discipline)	

Date	Event	Closing date
14/15 Mar	NDP Regional Team Qualifier	25 Feb (noon)
Venue	Bell's Sports Centre, Perth	
Information/Outcome	Qualification to Regional Team Finals and qualification for Scottish Championships	
Levels	TRA: NDP 1 to NDP 6 & FIG & DIS 2 to DIS 3 & DIS Performance DMT: NDP 1 to NDP 6 & FIG Development & FIG & DIS 1 to DIS 2 & DIS Open	
Qualification requirements	Must have achieved score in either the January or February qualifying events	
Entry Fee	£20 per gymnast (£15 for each additional discipline)	

Date	Event	Closing date
29/30 Aug	Scottish Championships Qualifier	14 July (noon)
Venue	Bell's Sports Centre, Perth	
Information/Outcome	Qualification for Scottish Championships	
Levels	TRA: NDP 1 to NDP 6 & FIG & DIS 2 to DIS 3 & DIS Performance DMT: NDP 1 to NDP 6 & FIG Development & FIG & DIS 1 to DIS 2 & DIS Open	
Entry fee	£20 per gymnast (£15 for each additional discipline)	

Date	Event	Closing date																																																
26/27 Sep	Scottish National Championships	Fri 4 Sept (noon)																																																
Venue	Bell's Sports Centre, Perth																																																	
Qualification & eligibility	<p>Only gymnasts who have achieved the qualification score at any of the qualifying events are eligible to take part in this competition. Gymnasts must also meet the eligibility criteria, which can be found here</p> <p>Qualification Scores Summary</p>																																																	
	<p>TRAMPOLINE</p> <table border="1"> <thead> <tr> <th data-bbox="268 761 531 824">Score required</th> <th colspan="2" data-bbox="1166 761 1549 824">Qualification Events</th> </tr> </thead> <tbody> <tr> <td data-bbox="268 828 531 958">TRA NDP 1-6</td> <td colspan="2" data-bbox="534 828 1549 958">50.5 (E & HD Only)</td> </tr> <tr> <td data-bbox="268 963 531 1093">Disabilities 2-3</td> <td colspan="2" data-bbox="534 963 1549 1093">2-round score - 46.5 (E + HD Only)</td> </tr> <tr> <td data-bbox="268 1097 531 1151">FIG</td> <td colspan="2" data-bbox="534 1097 1549 1151">Minimum Total Score</td> </tr> <tr> <td data-bbox="268 1155 531 1187"></td> <td data-bbox="534 1155 842 1187">Men</td> <td data-bbox="845 1155 1549 1187">Women</td> </tr> <tr> <td data-bbox="268 1191 531 1223">9-10yrs</td> <td data-bbox="534 1191 842 1223">77.500</td> <td data-bbox="845 1191 1549 1223">77.500</td> </tr> <tr> <td data-bbox="268 1227 531 1258">11-12yrs</td> <td data-bbox="534 1227 842 1258">80.500</td> <td data-bbox="845 1227 1549 1258">80.500</td> </tr> <tr> <td data-bbox="268 1263 531 1294">13-14yrs</td> <td data-bbox="534 1263 842 1294">85.500</td> <td data-bbox="845 1263 1549 1294">84.500</td> </tr> <tr> <td data-bbox="268 1299 531 1330">15-16yrs</td> <td data-bbox="534 1299 842 1330">88.500</td> <td data-bbox="845 1299 1549 1330">86.500</td> </tr> <tr> <td data-bbox="268 1335 531 1366">17-21yrs</td> <td data-bbox="534 1335 842 1366">93.000</td> <td data-bbox="845 1335 1549 1366">89.000</td> </tr> <tr> <td data-bbox="268 1370 531 1402">Senior</td> <td data-bbox="534 1370 842 1402">101.000</td> <td data-bbox="845 1370 1549 1402">96.000</td> </tr> <tr> <td data-bbox="268 1406 531 1438">Disabilities Performance</td> <td colspan="2" data-bbox="534 1406 1549 1438">2-round score - 48.0 (E + HD Only)</td> </tr> <tr> <td colspan="2" data-bbox="268 1464 1549 1500"> <p>Notes for Trampoline</p> </td> <td></td> </tr> <tr> <td colspan="2" data-bbox="268 1505 1549 1536"> <p>For All NDP levels the scores are the same for both Female and Male Categories.</p> </td> <td></td> </tr> <tr> <td colspan="2" data-bbox="268 1541 1549 1608"> <p>All requirements (as per BG Handbook) must be completed in the same competition (must be an eligible event)</p> </td> <td></td> </tr> <tr> <td colspan="2" data-bbox="268 1612 1549 1711"> <p>Gymnasts must meet all routine requirements (including minimum voluntary difficulty) as per BG Handbook; otherwise gymnasts will not be eligible for qualification to Scottish Championships.</p> </td> <td></td> </tr> </tbody> </table>		Score required	Qualification Events		TRA NDP 1-6	50.5 (E & HD Only)		Disabilities 2-3	2-round score - 46.5 (E + HD Only)		FIG	Minimum Total Score			Men	Women	9-10yrs	77.500	77.500	11-12yrs	80.500	80.500	13-14yrs	85.500	84.500	15-16yrs	88.500	86.500	17-21yrs	93.000	89.000	Senior	101.000	96.000	Disabilities Performance	2-round score - 48.0 (E + HD Only)		<p>Notes for Trampoline</p>			<p>For All NDP levels the scores are the same for both Female and Male Categories.</p>			<p>All requirements (as per BG Handbook) must be completed in the same competition (must be an eligible event)</p>			<p>Gymnasts must meet all routine requirements (including minimum voluntary difficulty) as per BG Handbook; otherwise gymnasts will not be eligible for qualification to Scottish Championships.</p>		
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DMT				
Level	Minimum Expected Total		Qualification Events	
NDP 1	113.6		NDP Regional Series (January & February); NDP Regional Team Qualifier (March) NDP Individual & Regional Team Finals (June) SG Qualifying Competition (August)	
NDP 2	115.0			
NDP 3	116.6			
NDP 4	117.1			
NDP 5	117.7			
FIG Development 11-12yrs	117.4			
FIG Development 13-14yrs	120.2			
FIG Development 15+yrs	123.6			
Disabilities 1	112.3			
Disabilities 2	112.9			
Disabilities Open	115.3			
FIG	Minimum Expected Total		DD Limit Per Element (all passes must be a minimum of 1.6)	
	Male	Female		
9-10yrs	115.6	115.6	2.8	SG Qualifying Competition (February) BG Spring Events (March & May) British Finals (July) SG Qualifying Competition (August)
11-12yrs	119.0	117.8	3.6	
13-14yrs	122.2	120.4	4.4	
15-16yrs	126.4	123.6	4.6	
17-21yrs	130.0	126.4	4.6	
Senior	134.4	128.8	No Limit	
Notes For DMT				
All requirements (as per BG Handbook) must be completed in the same competition (must be an eligible event).				
Gymnasts must complete all required passes, otherwise are not eligible for qualification.				
Any Scottish gymnast, who has represented Great Britain in the World Championships (Senior or Junior) in 2019 or European Championships in 2020 but have not achieved the performance standard to qualify, will need to apply to the TTP to be considered and approved to compete.				
Levels	TRA: NDP 1 to NDP 6 & FIG & DIS 2 to DIS 3 & DIS Performance DMT: NDP 1 to NDP 5 & FIG Development & FIG & DIS 1 to DIS 2 & DIS Open			

<p>Competition format</p>	<p>The automatic zero score rule (for incomplete routines or passes) will not be applied at Scottish National Championships.</p> <p>Trampoline</p> <p>Subject to the availability of the necessary equipment, Time of Flight will be applied to all levels.</p> <p>NDP 1 to 4 Compulsory Routines A and B as per BG Competition Structure.</p> <p>NDP 5 & 6 Compulsory Routine B x 1 AND Voluntary Routine x 1 (in accordance with page 16 of this handbook).</p> <p>FIG Will compete 2 routines – WAG and Voluntary where category minimums will apply. Winner of each age group will be determined by cumulative 2 round score (Time of Flight included). National Male & Female Champion will be determined by cumulative 2 round score (including Time of Flight) from FIG competitors. Only the winners of each age group shall be eligible.</p> <p>Disabilities 2 & 3 & Performance Compulsory Routine x 1 AND Voluntary Routine x 1 as per BG Competition Structure.</p> <p>DMT</p> <p>NDP 1 - 5 Gymnasts will compete as per BG Handbook performing both Compulsory Round 1 & 2. Winner of each age group will be determined by cumulative 4 pass score.</p> <p>FIG Development Gymnasts will perform four passes of their choice. All four passes must be different. Repeat passes or skills will result in a loss of DD for that pass or skill. Winner of each age group will be determined by cumulative 4 pass score.</p> <p>FIG Gymnasts will compete as per BG Handbook performing both Compulsory Round 1 & 2. Winner of each age group will be determined by cumulative 4 pass score. National Male & Female Champion will be the gymnast with the highest cumulative 4 pass score from FIG competitors.</p> <p>Disabilities Gymnasts will compete as per BG Handbook performing both Compulsory Round 1 & 2. Winner of each age group will be determined by cumulative 4 pass score.</p>
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<p>Awards</p>	<p>Individual 1st/2nd/3rd for each age group – gymnasts receiving a true zero score (didn't complete skill 1) will not be awarded a medal.</p> <p>National Male Trampoline Champion National Female Trampoline Champion National Male DMT Champion National Female DMT Champion</p> <p>The Form Cup will be awarded to the gymnast with the highest 2-routine execution score within the FIG category of Trampoline.</p> <p>The Form Shield will be awarded to the gymnast with the highest 4-pass execution score within the FIG category of DMT.</p> <p>The Tariff Cup will be awarded to the gymnast with the highest difficulty score within the FIG category of Trampoline.</p> <p>The Tariff Shield will be awarded to the gymnast with the highest 4-pass difficulty score within the FIG category of DMT.</p> <p>NDP 1-4 Form Award will be awarded to the gymnast with the highest 2-routine execution score within the NDP 1-4 Trampoline categories.</p> <p>NDP 5-6 Form Award will be awarded to the gymnast with the highest 2-routine execution score within the NDP 5-6 Trampoline categories.</p> <p>TRA Disabilities Form Award will be awarded to the gymnast with the highest 2-routine execution score within the Disabilities Trampoline categories.</p> <p>DMT Form Award will be awarded to the gymnast with the highest 4-pass execution score within the NDP 1-5 & FIG Development DMT categories.</p> <p>DMT Disabilities Form Award will be awarded to the gymnast with the highest 4-pass execution score within the Disabilities DMT categories.</p>
<p>Entry fee</p>	<p>£30 per gymnast (£20 for each additional discipline)</p>